

LEE MIDDLE & HIGH SCHOOL

NOVEMBER 2012

Deli bar & Salad bar served daily
Milk & dessert included with lunch
Fresh fruit offered daily

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
5 Chicken Pattie/WG Roll Carrot & Celery Sticks Broccoli Cuts Fresh Fruit / Canned Fruit	6 French Toast or Breakfast Wrap Hash browns/ Applesauce Fresh Fruit / Canned Fruit	7 Chicken Nuggets Oven Fries Green Beans Fresh Fruit / Canned Fruit	8 Chicken Fajitas Mixed Vegetables onion,pepper,lettuce,cheese Fresh Fruit / Canned Fruit	9 Stuffed Crust Pizza Romain / Spinach Salad 3 Bean Salad Fresh Fruit / Canned Fruit

12 HAPPY VETERANS DAY	13 Hot Dogs or Clam rolls Broccoli Cuts Baked Beans Fresh Fruit / Canned Fruit	14 Ham + Cheese Bagel or Meatball Grinder Carrot sticks Green Beans Fresh Fruit / Canned Fruit	15 Taco Salad lettuce, tomato & cheese Steamed Rice kernel corn Fresh Fruit / Canned Fruit	16 Stuffed Crust Pizza Romain / Spinach Salad 3 Bean Salad Fresh Fruit / Canned Fruit
---	---	---	---	---

19 1/2 DAY NO LUNCHES SERVED NO SALAD BAR AVAILABLE	20 Chicken ceasar salad Seasoned Croutons Hummus Pita Bread Fresh Fruit / Canned Fruit
---	---

HAPPY THANKSGIVING

26 Chicken Nuggets or Beef Ravioli / Salad Oven Fries green beans Fresh Fruit / Canned Fruit	27 Cheese Steak Sandwich or Meatball Grinder Cole Slaw Italian Blend Fresh Fruit / Canned Fruit	28 Grilled Cheese Sandwiches or Grilled Ham & Cheese Mixed Vegetables Chile Con Carne Fresh Fruit / Canned Fruit	29 Roast Chicken Salisbury Steaks Mashed Potatoes Buttered Carrots Fresh Fruit / Canned Fruit	30 Baked Goulash Romain / Spinach Salad Broccoli Cuts Fresh Fruit / Canned Fruit
---	--	---	--	--

WAKE UP with LHS BREAKFAST Breakfast will be served in the Cafeteria from 7:30 - 8:00 AM every day.

Cost : Student--.95 / Reduced .30 / Free / No Charge / Adult 2.25

**BAGELS
CREAM CHEESE**

**100%
JUICE**

**ALWAYS A
SMILE**

**FRESH
FRUIT**

**ASSORTED CEREAL
FRESH MILK**

MILK \$.45

*Lee Public Schools does not discriminate on the basis of
Race, Color, National Origin, Sex, Age, or Disability*

Lunch \$2.40

PLEASE LET A SERVER KNOW IF YOU HAVE ANY FOOD ALLERGY