

**ADAMS-CHESHIRE SCHOOL LUNCH MENUS  
HOOSAC VALLEY MIDDLE & HIGH SCHOOL**

**August 31-September 4, 2015**

**MONDAY**

Chicken Tenders w/Sauces  
Tater Tots  
Sweet Potatoes  
Baked Beans  
Fruit

**TUESDAY**

Calzone  
Marinara Sauce  
Spinach  
Cauliflower  
Fruit

**WEDNESDAY**

Breaded Chicken Patty  
Mashed Potatoes & Gravy  
Dinner Roll  
Carrots  
Green Beans  
Fruit

**THURSDAY**

Tacos  
Taco Meat, Lettuce, Tomato  
Cheese, Taco Sauce  
Brown Rice  
Corn  
Fruit

**FRIDAY**

Pepperoni Pizza  
Tossed Salad  
Broccoli  
Fruit

**September 7-September 11, 2015**

**MONDAY**

NO  
SCHOOL

**TUESDAY**

Chicken Parmesan Sandwich  
Tater Tots  
Spinach  
Three Bean Salad  
Fruit

**WEDNESDAY**

Ham & Cheese Deli  
Lettuce, Tomato, Pickle, Onion  
Broccoli  
Sweet Potatoes  
Fruit

**THURSDAY**

Chicken Quesadilla  
Salsa, Sour Cream  
Corn  
Mexican Rice  
Baked Beans  
Fruit

**FRIDAY**

Hamburger or Fish Sandwich  
Cheese Slices, Lettuce, Tomato  
Pickle, Tartar Sauce  
French Fries  
Carrots  
Peas  
Fruit

**\*ANY FOOD ALLERGY SHOULD BE REPORTED TO THE SCHOOL NURSE**