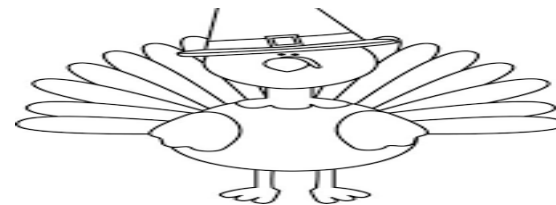






Hoosac Valley Elementary School Lunch Menu for November 2017



Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
		Nov. 1 Turkey Sandwich Assorted Toppings Chicken Noodle Soup Sweet Potatoes, Fruit	Nov. 2 Tacos Assorted Toppings Brown Rice, Corn Broccoli, Fruit	Nov. 3 Hamburger or Fish Sandwich, Cauliflower French Fries Fruit	Avg Cal - 647
Nov. 6 Mozzarella Sticks Marinara Sauce Three Bean Salad Sweet Potatoes, Fruit	Nov. 7 ~ NO SCHOOL IN-SERVICE DAY	Nov. 8 Original Mini Sub Assorted Toppings Carrots, Peas Fruit	Nov. 9 Pizza Bagel Tuna Macaroni Salad Broccoli Fruit	Nov. 10 ~ NO SCHOOL  VETERANS DAY	Avg Cal - 580
Nov. 13 Beef Ravioli WW Bread & Butter Baked Beans Spinach, Fruit	Nov. 14 Scrambled Eggs Turkey Sausage Breadstick Carrots, Fruit	Nov. 15 Sweet & Sour Chicken WW Bread & Butter Brown Rice Broccoli, Pineapple	Nov. 16 Macaroni & Cheese Chicken Noodle Soup Sweet Potatoes Corn, Fruit	Nov. 17 Pizza Fresh Tossed Salad Green Beans Fruit	Avg Cal - 584
Nov. 20 Chicken Nuggets w/Dips French Fries Carrots, Peas Fruit	Nov. 21 Grilled Ham & Cheese Sandwich, Broccoli Tomato Soup Green Beans, Fruit	Nov. 22 EARLY DISMISSAL BREAKFAST WILL BE SERVED ~ NO LUNCH	Nov. 23 ~ NO SCHOOL  Happy Thanksgiving	Nov. 24 ~ NO SCHOOL	Avg Cal - 673
Nov. 27 Hot Dog on a Bun Baked Beans Home Fries Broccoli, Fruit	Nov. 28 American Chop Suey Grated Cheese WW Dinner Roll Spinach, Cauliflower Fruit	Nov. 29 Turkey Sandwich Assorted Toppings Chicken Noodle Soup Sweet Potatoes, Fruit	Nov. 30 Pork Roast Mashed Potatoes & Gravy, Carrots WW Bread & Butter Corn, Applesauce		Avg Cal - 645

****Daily lunch alternative: Sun Butter & Jelly Sandwich.**

Milk is served with all meals.

****Any food allergy should be reported to the school nurse.**

Menu is subject to change without notice.

This institution is an equal opportunity employer.