

To contact the Food Services Department call 413-776-1631

JANUARY 2018

North Adams Public Schools
Drury High School

Free Breakfast for all Students

Friday Monday **Tuesday** Wednesday **Thursday** Whole Grain Cinnamon Roll Egg Ham and Cheese Waffles with Syrup Whole Grain Bagel Sliced Pineapple **Breakfast Sandwich** Petite Banana Blueberries Assorted Fresh Fruit **Orange Juice** Assorted Fresh Fruit Assorted Fresh Fruit **No School Today** Assorted Fresh Fruit Breakfast Sausage Pizza Egg and Cheese Strawberry and Cream Chocolate Chip Muffin Pancakes with Syrup Cheese Mini Bagels Sliced Peaches **Breakfast Sandwich** Mixed Fruit Cup Petite Banana Mandarin Oranges **Assorted Fresh Fruit** Sliced Pears Assorted Fresh Fruit **Assorted Fresh Fruit** Assorted Fresh Fruit Assorted Fresh Fruit 15 19 18 Waffles with Syrup Whole Grain Bagel Banana Bread Whole Grain Cinnamon Roll Sliced Strawberries Petite Banana Sliced Pineapple Blueberries Assorted Fresh Fruit Assorted Fresh Fruit Assorted Fresh Fruit Assorted Fresh Fruit **No School Today** 24 Egg Ham and Cheese Chocolate Chip Muffin Pancakes with Syrup Breakfast Sausage Pizza Strawberry and Cream Mixed Fruit Cup Petite Banana Sliced Peaches Cheese Mini Bagels **Breakfast Sandwich** Mandarin Oranges Orange Juice Assorted Fresh Fruit **Assorted Fresh Fruit Assorted Fresh Fruit** Assorted Fresh Fruit Assorted Fresh Fruit 30 Waffles with Syrup Banana Bread Whole Grain Cinnamon Roll Sliced Strawberries Petite Banana Sliced Pineapple Assorted Fresh Fruit Assorted Fresh Fruit **Assorted Fresh Fruit**

Breakfast is available when school is delayed

Each breakfast comes complete with fat free chocolate or 1% milk and two different servings from the following selections: whole fresh fruit, sliced fruit, 100% fruit juice, or dried fruit

Additional pre-packaged grain items such as graham crackers are provided during the week to meet USDA nutritional compliance