









PITTSFIELD SCHOOLS ELEMENTARY MENU FEBRUARY 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
29-Jan Roasted Herb Chicken School Baked Roll Roasted Butternut Squash	30-Jan Chicken Scampi served over Pasta Garlic Texas Toast Seasoned Green Beans	31-Jan Minestrone Soup Italian Cold Cut Grinder Vegetable Sticks Hummus Cup	1 Chef Salad Plate or Taco or Tortilla with Turkey Filling Lettuce & Tomato, & Salsa Corn Niblets	2 School Made Cheese Pizza or Pepperoni Pizza Mediterranean Salad w/ Chickpeas	Cals 619 Sodium 968 mg Carb 84.9g T. Fat 18.5 g S. Fat 5.8 g
5 BBQ Beef on Roll Baked Beans Glazed Carrots	6 Penne & Meatballs Bread Stick Bright Broccoli	7 Creamy Butternut Soup Ham & Cheese Croissant Red & Green Pepper Sticks	8 Grilled Chicken Salad Plate or Turkey w/Gravy School Baked Roll Mashed Potatoes Corn	9 Half Day Bologna & Cheese Sub Baby Carrots Applesauce <div>Conte, Crosby, Morningside</div>	Cals 619 Sodium 1132 mg Carb 88.2g T. Fat 18.1 g S. Fat 6.3 g
12 Popcorn Chicken served with Barbecue Sauce School Baked Roll Mixed Vegetables 	13 Breakfast For Lunch Egg & Cheese Omelet Chicken Breakfast Sausage Apple Cinnamon Muffin Roasted "Home Fries" Potatoes "Candied" Apple 	14 Happy Valentine's Day! Tomato Soup Our Classic Grilled Cheese Broccoli Salad Jello Cup 	15 <u>Allendale, Cape, Conte, Crosby</u> Papa Gino's Cheese or Pepperoni Pizza Tossed Salad Or Crispy Chicken Salad Plate w/Roll <u>Egremont, MCS, Stearns, Wms</u> Mandarin Chicken Brown Rice Pilaf, School Baked Roll Carrots & Sugar Snap Peas OR Crispy Chicken Salad Plate w/Roll	16 Birthday Friday! <u>Egremont, MCS, Stearns, Wms</u> Papa Gino's Cheese or Pepperoni Pizza Tossed Green Salad Chocolate Cake <u>Allendale, Cape, Conte, Crosby</u> Mandarin Chicken School Baked Roll Brown Rice Pilaf Carrots & Sugar Snap Peas Chocolate Cake	Cals 686 Sodium 1089 mg Carb 99.9 g T. Fat 20.3 g S. Fat 6.5 g
		 Winter Break 			
26 Chicken Nugget School Baked Roll Potato Wedges Seasoned Green Beans	27 Macaroni & Cheese Garlic Knot Roll Lightly Buttered Carrot Coins	28 Broccoli & Cheddar Soup Baked Fish Sticks Cornbread Yellow Wax Beans	1 Dr. Seuss' Birthday!! Cheezy Bread w/ Marinara Dipping Sauce Seasoned Broccoli Frozen Juice Cup Chef Salad Plate 	2 Half Day! Turkey & Cheese Sub Baby Carrots Snack Pack Apple Milk <div>Conte, Crosby, Morningside</div>	Cals 612 Sodium 1078 mg Carb 86.3 g T. Fat 18.5 g S. Fat 6.1 g

All Meals Include Choices of Fresh and Chilled Fruit, Baby Carrots Snack Pack, Vegetable of the Day and Milk;

Including locally Grown Produce When Available Featured this Month - Fresh Pears

Available Daily: Peanut Butter & Jelly Sandwich served with choice of 4oz Yogurt Cup or Cheese Stick or

Bowl Pak Cereal served with 4 oz Yogurt, Cheese Stick and Crackers

Wednesday: Turkey Hot Dogs; Thursday: Salad Entrée.

All Pittsfield Schools Serve Breakfast Daily.

Our Breads, Tortillas, Pasta, Pizza & Rice are Whole Grain. All Meals Meet USDA Standards for Nutrition and Portion Size

School Nutrition Services is Looking to Hire Substitute Cafeteria Helpers. Flexible Hours, Will Train. Call 448-9608 for More Information

Menu Subject to Change

This Institution Is An Equal Opportunity Provider and Employer

