

PITTSFIELD SCHOOLS ELEMENTARY MENU

MAY 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Chicken Patty or Spicy Chicken Patty on Roll Orange Glazed Carrots	American Goulash Garlic Texas Toast Tossed Green Salad Roasted Chick Peas	Cold Cut Sub Lettuce & Tomato Fresh Vegetable Sticks	Breaded Mozzarella Sticks served with Marinara Sauce and School Baked Roll or Chef Salad Plate Bright Broccoli Florets	Celebrating CINCO DE MAYO Taco or Tortilla with Beef Filling Lettuce & Tomato Spanish Brown Rice & Mexicali Corn Warm Apple Churros	Cals 652 Sodium 918 mg Carb 90.0 g T. Fat 20.0 g S. Fat 6.4 g
Tangerine Chicken School Baked Roll Garlic Noodles Asian Green Beans	Cheeseburger or Hamburger on Bun Sweet Potato Fries Boston Baked beans	Tuna Salad on a Roll Fresh Baby Carrots and Cucumber Wheels Baked Potato Chips	Baked Popcorn Chicken School Baked Roll Mashed Potatoes with Gravy or Tuna Salad Plate Corn Niblets	Birthday Friday! Italian Dunkers served with Marinara Sauce Seasoned Broccoli Florets Spice Cake	Cals 663 Sodium 999 mg Carb 94.7 g T. Fat 19.6 g S. Fat 5.8 g
Glazed Chicken Drumstick School Baked Roll Alfredo Spirals Mixed Vegetables	Mini Cheese Ravioli and Meat Sauce Warm Bread Stick Seasoned Green Beans	BBQ Pulled Pork Creamy Cole Slaw Chickpea Salad	Breakfast For Lunch French Toast Sticks Chicken Breakfast Sausage Maple Syrup Glazed Carrots OR Crispy Chicken Salad Plate	Allendale, Cape, Conte, Crosby Papa Gino's Cheese or Pepperoni Pizza Harvest Salad Egremont, MCS, Stearns, Wms School Made Cheese Pizza or Pizza with Bacon & Chicken Harvest Salad	Cals 622 Sodium 1067 mg Carb 85.3 g T. Fat 18.2 g S. Fat 6.2 g
Baked Chicken Tenders School Baked Roll Roasted Carrot Fries	Sloppy Joe on a Roll Potato Smiles Fresh Broccoli Salad	Manager's Choice	Egremont, MCS, Stearns, Wms Papa Gino's Cheese or Pepperoni Pizza or Mediterranean Salad OR Grilled Chicken Salad Plate Allendale, Cape, Conte, Crosby School Made Cheese Pizza or Pizza with Bacon & Chicken Mediterranean Salad OR Grilled Chicken Salad Plate	HALF DAY Turkey Sub Baby Carrots Apple Slices	Cals 595 Sodium 1082 mg Carb 82.2 g T. Fat 17.4 g S. Fat 5.7 g



All Meals Include Choices of Fresh and Chilled Fruit, Baby Carrots Snack Pack, Vegetable of the Day and Milk:

Including locally Grown Produce When Available Featured this Month - Local Apples

Available Daily: Peanut Butter & Jelly Sandwich served with choice of 4oz Yogurt Cup or Cheese Stick or

Bowl Pak Cereal served with 4 oz Yogurt, Cheese Stick and Crackers

Wednesday: Turkey Hot Dogs; Thursday: Salad Entrée.

All Pittsfield Schools Serve Breakfast Daily.

Our Breads, Tortillas, Pasta, Pizza & Rice are Whole Grain. All Meals Meet USDA Standards for Nutrition and Portion Size

School Nutrition Services is Looking to Hire Substitute Cafeteria Helpers. Flexible Hours, Will Train. Call 448-9608 for More Information

Menu Subject to Change This Institution Is An Equal Opportunity Provider and Employer

