

Central Berkshire Regional Schools

March 2019

Lunch Menu Grades K-12

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1st				
Dr. Seuss Day				
(WG) Pizza w/ Pepperoni				
Steamed Broccoli				
Diced Peaches				
Ice Cream Sandwich				
4th	5th	6th	7th	8th
(WG) Chicken Nuggets Steamed Carrots Brown Rice Apple Sauce	(WG) Chicken Quesadilla Seasoned Rice and Beans Marinated Chic Peas (HS) Steamed Green Beans Mixed Fruit	Shepard's Pie (K-8) (Beef, Corn, Mash. Potato, gravy) Sloppy Joe (HS Only) Tossed Salad Dinner Roll, Fresh Apple	(WG) French Toast Sticks Hash Browns Sausage Patty Oj, Strawberry Cups	Half Day of School Breakfast is Served
11th	12th	13th	14th	15th
Hot Dog (WG) Roll Vegetarian Beans Mixed Fruit	Chicken Fajita Seasoned Rice Steamed Corn Diced Pears	Macaroni & Cheese (K-8) Meatball Grinder (HS) Steamed Broccoli Bread Stick Pineapple Chunks	Popcorn Chicken Bites Oven Fries Steamed Green Beans Fresh Apple	Cheeseburger (WG) Roll Baked Chips Steamed Carrots Sliced Peaches
18th	19th	20th	21st	22nd
(WG) Chicken Parmesan Sandwich Steamed Corn Brown Rice Diced Pears	BBQ Pulled Pork Sand (K-8) Buffalo Chicken Wrap (HS) Baked Chips Steamed Corn Cole Slaw Mixed Fruit	Beef Goulash Steamed Green Beans Dinner Roll Fresh Apple	(WG) Grilled Cheese and Tomato Soup Steamed Broccoli Diced Peaches	(WG) French Bread Pizza Tossed Salad Steamed Peas Diced Pears
25th	26th	27th	28th	29th
(WG) Mozzarella Sticks Marinara Sauce Steamed Corn Oven Fries Mixed Fruit	Taco Bowl (Corn, Rice, Taco Meat, Tortilla Chips) Mixed Vegetables Churros	Baked Potato Chili or Cheese Sauce Steamed Broccoli Pineapple Chunks	Melted Ham & Cheese (WG) Croissant Baked Chips Cole Slaw Diced Peaches	(WG) Cheese Calzone Marinara Sauce, Oven Fries Steamed Peas Diced Pears

Alternative Lunch Options:

Elementary Schools Alternative Options:

Tuna Fish Sandwich (WG) Bread
Cheese Sandwich (WG) Bread
SunButter & Jelly (PEANUT FREE)

Nessacus Middle School Alternative Options:

Bagel Bar w/ Cream Cheese
Large Salad, Peanut Butter & Jelly Sandwich
Milk is Available Everyday – 1% White, Fat Free Chocolate
Fresh Fruit or Canned Fruit Available Everyday

Wahconah High School Alternative Options:

Salad Bar, Bagel Bar, Cheese Pizza, Chef's Choice

MENU IS SUBJECT TO CHANGE

School Lunch Prices – Paid \$2.25 / Reduced \$.40, **Breakfast**- Paid \$1.50 / Reduced \$.30

Breakfast is available for **ALL** Central Berkshire Regional District students.

Breakfast Menu

Fruit, Choice of Cereal, Choice of Milk
Orange Juice

Student Account and Balance Information

We offer **"My School Bucks"** a convenient and secure online payment/parent information portal.

Go to www.myschoolbucks.com to sign up for a free account.
Use this account to view your child's purchases and to review your students balance (**Free Service**)

If you choose you can make an online payment
(\$2.49 Charge per Transaction)

Any child who qualifies for the free or reduced meal program may select a milk to be part of a complete meal. If a child who qualifies for free or reduced meals would like milk **WITHOUT** a complete meal (Milk Only), the child must pay full price for the milk.

CBRSD charging policy restricts the purchase of a la carte items (milk included) only if a student's account has a negative balance. No full meal will ever be restricted or altered. The cost of a milk is \$.40

(WG) = Items that are at least 50% Whole Grain products

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