



BREAKFAST

To contact the Food Services Department call 413-776-1631

# NOVEMBER 2019

North Adams Public Schools  
Elementary Schools - Breakfast in Classroom

Free Breakfast for all  
Students

Monday

Tuesday

Wednesday

Thursday

Friday

4

Choose One

Multi-Grain Cheerios  
Pumpkin Bread  
Raspberry Yogurt w/Graham  
Whole Grain Bagel

5

No School Today

6

Choose One

Multi-Grain Cheerios  
Pumpkin Bread  
Raspberry Yogurt w/Graham  
Whole Grain Bagel

7

Choose One

Multi-Grain Cheerios  
Pumpkin Bread  
Raspberry Yogurt w/Graham  
Whole Grain Bagel

1

Choose One

Multi-Grain Cheerios  
Mini Pancakes

8

Choose One

Multi-Grain Cheerios  
Mini Pancakes

11

No School Today

12

Choose One

Multi-Grain Cheerios  
Pumpkin Bread  
Raspberry Yogurt w/Graham  
Whole Grain Bagel

13

Choose One

Multi-Grain Cheerios  
Pumpkin Bread  
Raspberry Yogurt w/Graham  
Whole Grain Bagel

14

Choose One

Multi-Grain Cheerios  
Pumpkin Bread  
Raspberry Yogurt w/Graham  
Whole Grain Bagel

15

Choose One

Multi-Grain Cheerios  
Mini Pancakes

18

Choose One

Multi-Grain Cheerios  
Pumpkin Bread  
Raspberry Yogurt w/Graham  
Whole Grain Bagel

19

Choose One

Multi-Grain Cheerios  
Pumpkin Bread  
Raspberry Yogurt w/Graham  
Whole Grain Bagel

20

Choose One

Multi-Grain Cheerios  
Pumpkin Bread  
Raspberry Yogurt w/Graham  
Whole Grain Bagel

21

Choose One

Multi-Grain Cheerios  
Pumpkin Bread  
Raspberry Yogurt w/Graham  
Whole Grain Bagel

22

Choose One

Multi-Grain Cheerios  
Mini Pancakes

25

Choose One

Multi-Grain Cheerios  
Pumpkin Bread  
Raspberry Yogurt w/Graham  
Whole Grain Bagel

26

Choose One

Multi-Grain Cheerios  
Pumpkin Bread  
Raspberry Yogurt w/Graham  
Whole Grain Bagel

27

Choose One

Multi-Grain Cheerios  
Pumpkin Bread  
Raspberry Yogurt w/Graham  
Whole Grain Bagel

28

No School Today

29

No School Today

Each breakfast comes with a choice of fat free chocolate, 1%, or skim milk and two different servings from the following selections: whole fruit, sliced fruit, 100% fruit juice, or dried fruit.  
Additional pre-packaged grain items such as graham crackers are provided during the week to meet USDA nutritional compliance.  
All grains served are whole grain-rich.

Breakfast is available after one hour school delays but not available after two hour school delays

"This institution is an equal opportunity provider"

