



To contact the Food Services Department call 413-776-1631

# NOVEMBER 2019

## North Adams Public Schools Elementary Schools

Free Lunch for all  
Students

Monday

Tuesday

Wednesday

Thursday

Friday

4  
Chicken Patty Sandwich  
Seasoned Carrots  
Mixed Fruit Cup

5  
**No School Today**

6  
Beef and Cheese Nachos  
Seasoned Corn  
Sliced Peaches

7  
Chicken Soft Taco  
Vegetarian Beans  
Sliced Pears

1  
Macaroni and Cheese  
Dinner Roll  
Seasoned Broccoli  
Red Grapes

8  
Cheeseburger  
Tossed Salad  
Blueberries

11  
**No School Today**

12  
Ham and Cheese Croissant  
Tomato Soup  
Red Grapes

13  
Shepherd's Pie  
Corn Bread  
Mixed Fruit Cup

14  
**Half Day  
No Lunch Service**

15  
Chicken Tenders  
Tossed Salad  
Sliced Pears  
Cookie

18  
Chicken Soft Taco  
Vegetarian Beans  
Sliced Pears

19  
Cheeseburger  
Tossed Salad  
Blueberries

20  
Beef and Cheese Nachos  
Seasoned Corn  
Sliced Peaches

21  
Macaroni and Cheese  
Dinner Roll  
Seasoned Broccoli  
Red Grapes

22  
Chicken Patty Sandwich  
Seasoned Carrots  
Mixed Fruit Cup

25  
Chicken Nuggets  
Tossed Salad  
Blueberries  
Cookie

26  
Sliced Roast Turkey  
Corn Bread  
Mashed Potatoes w/Gravy  
Cranberry Sauce

27  
**Half Day  
No Lunch Service**

28  
**No School Today**

29  
**No School Today**

### Alternate Lunch Options

Assorted Sandwiches Daily  
Cheese or Pepperoni Pizza M, W, F  
Toasted Ham and Cheese Croissant Tue, Thurs.

Each lunch comes with a choice of fat free chocolate, skim, or 1% milk  
All grains served are whole grain-rich  
Additional selections of fresh fruits and vegetables offered daily  
Harvest of the month tomato

**"This institution is an equal opportunity provider"**



**PAY FOR MEALS ONLINE**  
MySchoolBucks.com

