



Central Berkshire Regional Schools

November 2019



Lunch Menu Grades K-12




John Tranfaglia
Food Service Director
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CBRSD Food Service Department Employment Opportunities

***Substitute positions are available**

Please contact John Tranfaglia @ (413) 684-1307 or Jtranfaglia@cbrsd.org

1st (WG) Cheese Pizza Tossed Salad Steamed Corn Sliced Peaches			
4th (WG) Chicken Nuggets Honey Mustard / BBQ Sauce Mixed Vegetables Mixed Fruit	5th (WG) Fish Sticks Oven Fries Steamed Corn Sliced Pears	6th Half Day of School Parent/Teacher Conferences Breakfast is Served	7th (WG) Pancakes & Sausage Orange Juice Hash Browns Fresh Apples
8th Stuffed Crust Pizza (WG) Steamed Broccoli Banana			
11th No School Veterans Day	12th (WG) Chicken Patty (WG) Roll Steamed Green Beans Sliced Pears	13th Hamburger/Cheeseburger (WG) Roll Oven Fries Pickles Pineapple Chunks	14th Roast Turkey Dinner Mashed Potatoes / Gravy Steamed Corn Cranberry Sauce
15th (WG) French Bread Pizza Steamed Carrots Sliced Peaches			
18th Mozzarella Sticks (WG) Marinara Sauce Green Beans Apple Sauce	19th Taco Salad (WG) Tortilla Chips Lettuce, Tomato, Salsa Steamed Corn Sliced Pears	20th Pulled Pork Panini Cole Slaw Baked Chips Mandarin Oranges	21st Hot Dog on a (WG) Roll Vegetarian Beans Fresh Apples
22nd Cheese Pizza Tossed Salad Steamed Broccoli Sliced Peaches			
25th Chicken Patty on a (WG) Roll Steamed Carrots Oven Fries Fruit Cocktail	26th Hamburger/Cheeseburger (WG) Roll Baked Chips Pickles Sliced Pears	27th ½ Day of School Thanksgiving Break Breakfast is Served	28th  Happy Thanksgiving
29th No School Thanksgiving Break			

Alternative Lunch Options:

Elementary Schools Alternative Options:

Tuna Fish Sandwich (WG) Bread
Cheese Sandwich (WG) Bread
SunButter & Jelly (PEANUT FREE)

Nessacus Middle School Alternative Options:

Bagel Bar w/ Cream Cheese
Large Salad, Peanut Butter & Jelly Sandwich

Wahconah High School Alternative Options:

Salad Bar, Bagel Bar, Cheese Pizza, Chef's Choice

MENU IS SUBJECT TO CHANGE

Milk is Available Everyday – 1% White, Fat Free Chocolate Baby Carrots, Three Bean Salad, Fresh Fruit or Canned Fruit Available Everyday

School Lunch Prices - Paid \$2.25 / Reduced \$.40, **Breakfast**- Paid \$1.50 / Reduced \$.30

Breakfast is available for ALL Central Berkshire Regional District students.

Breakfast Menu

**Fruit, Choice of Cereal, Choice of Milk
100% Juice**

Student Account and Balance Information

We offer **"My School Bucks"** a convenient and secure online payment/parent information portal.

Go to www.myschoolbucks.com to sign up for a free account.

Use this account to view your child's purchases and to review your students balance **(Free Service)**

If you choose you can make an online payment
(\$2.49 Charge per Transaction)



(WG) Whole Grain Product

USDA is an equal opportunity provider and employer

